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**Jamie Simpson Trust**

**PRESENTS.**  
**FORWARD  
VISION**

# About Jamie



Born on the 7th of January 1975 in Derby City Hospital. Jamie grew into a delightful and loving child. A free spirit, who loved music, dancing and travelling. A sociable person, he loved meeting new people and had a range of friends from various backgrounds.

Jamie moved to Birmingham for a few years before settling in London. The diversity and vibrancy of London suited his personality, and he viewed it as a place that offered a lot of opportunities.

Tragically on the 22nd of March 2008 Jamie's life came to a dramatic and devastating end. The Matalan Store in Dalston, Hackney where Jamie worked was targeted by three young men. He was fatally attacked during the robbery.

As a teenager Jamie wanted to be a youth worker but was unable to pursue this at the time. His untimely death ended his dreams and goals for the future. The Jamie Simpson Trust. The charity aims to fulfil some of Jamie's ambitions and provide a lasting legacy in his memory.

# Mission

The overarching mission of The Jamie Simpson Trust's 12-week Life Skills programme is to inspire and empower young people between the ages of 8 and 18 by providing accessible and inclusive learning opportunities that facilitate skill development, enabling them to tap into their creativity and prepare for future employment. Whilst we cannot change their environment, we hope to give them the skills that encourage them to take every opportunity that comes their way.

## 12-week programme

Date: February 2024

Venue: Community Centres

The Jamie Simpson Trust's 12-week Life skills programme provides, personal reflection, a memorable and transformative journey that fosters resilience, teamwork, and a deeper connection with nature.

## Aims:

- 1 INSPIRE AND EMPOWER YOUNG PEOPLE:**  
The primary aim of The Jamie Simpson Trust's 12-week project is to inspire and empower young people based in Derby, by providing them with opportunities to explore and develop skills to enhance their lives.
- 2 OFFER ACCESSIBLE AND INCLUSIVE LEARNING:**  
The project aims to be accessible and inclusive, targeting young individuals ensuring they have equal opportunities to participate and benefit from the programme.
- FACILITATE SKILL DEVELOPMENT:**  
**3** The project aims to offer taster sessions in various creative topics, enabling participants to develop their skills and interests further, fostering personal growth and self-confidence.
- PREPARE FOR FUTURE EMPLOYMENT:**  
**4** Advancing their knowledge, the project seeks to equip young people with valuable skills that they can apply in their future working world, promoting readiness for the job market.

## Objectives:

- 1** Deliver a structured 12-week programme in Derby taking place on Saturdays, offering Life Skills, creative activities, and other learning opportunities for young people aged 8 to 18.
- 2** Inspire creativity and self-expression by encouraging participants to explore their potential and express themselves through interactive taster sessions in various artistic and creative disciplines over the 12-week period.
- 3** Provide continued skill development opportunities by offering further workshops and pastoral support for interested participants after the initial 12-week project.
- 4** To create a supportive and nurturing environment that fosters positive emotional and social growth among young individuals, including those facing financial or emotional challenges.
- 5** To Foster a sense of belonging to a community by enabling participants to connect with each other, build friendships and feel part of a supportive network.
- 6** Equip young people with practical skills and experiences that enhance their employability and boost their self-confidence.



## Weekly Provision:



### **WORKSHOP AT THE SILK MILL:**

Participants will engage in hands-on workshops at the silk mill, exploring various disciplines such as metal work, woodwork, and crafts. They will have the opportunity to learn practical skills and create their own artistic pieces.



### **ALLOTMENT VISITS:**

The project will include a visit to an allotment, where participants can connect with nature, learn about gardening, and understand the importance of sustainability and environmental awareness.



### **LIFE SKILLS WORKSHOPS:**

Dedicated sessions will focus on building essential life skills for personal development, including working on their confidence, effective communication, and overall well-being.



### **SELF-CARE WORKSHOPS:**

Participants will learn the importance of self-care and techniques to manage stress, boost mental health, and cultivate positive habits for their overall well-being.

## Weekly Provision:



### **COOKING CLASSES:**

Cooking sessions will teach participants basic cooking skills, healthy meal planning, and budget-friendly recipes, empowering them to prepare nutritious meals independently.



### **BUDGETING WORKSHOP:**

Through interactive activities, participants will gain practical knowledge of budgeting, saving, and making informed financial decisions, fostering financial literacy and responsibility.



### **EXPLORING QUALITIES FOR EMPLOYMENT:**

Facilitated discussions will focus on the essential qualities and skills needed to succeed in the job market, such as teamwork, adaptability, problem-solving, and time management.



### **CREATIVE EXPRESSION SESSIONS:**

Participants will have dedicated time for creative expression, where they can engage in activities like drawing, painting, writing, or any other form of artistic expression they enjoy.

## Weekly Provision:



### **TEAM-BUILDING EXERCISES:**

Team-building activities will encourage collaboration, communication, and teamwork among participants, fostering a supportive and inclusive group dynamic.



### **CAREER AND EDUCATIONAL GUIDANCE:**

Provide personalized career and educational guidance to participants, offering advice on pursuing their interests and potential career pathways.

By offering a diverse range of activities, The Jamie Simpson Trust aims to provide holistic development and empowerment to the young participants, preparing them for a brighter future and encouraging them to pursue their passions and ambitions.



# Residential

The Jamie Simpson Trust's 12-week Life skills programme includes a residential experience during Weeks 9 or 10, where participants will engage in outdoor adventures such as canoeing, abseiling, and bouldering. The residential also includes team challenges, nature walks, campfire activities, leadership development, and personal reflection, providing a memorable and transformative journey that fosters resilience, teamwork, and a deeper connection with nature.

## Programme Conclusion

- 1 At the conclusion of the 12-week project, The Jamie Simpson Trust will hold a mini presentation exclusively for the participating students. During this presentation, the students will be recognized for their commitment and dedication to the program. Each student will receive a certificate of attendance as a symbol of their active participation and engagement in the sessions.

The mini presentation is a meaningful way to acknowledge the students' dedication and contributions to the project. It reinforces the value of their involvement and encourages them to continue their personal growth. This special occasion will leave a positive and lasting impression on the students, fostering a sense of achievement and pride in their accomplishments.

- 2 At the end of the year, we will have an end of year showcase highlighting students' achievements. Parents, friends, and other family members will be able to attend. The students who have made the most progress will get a prize.

The "End of Year Showcase" will serve as a momentous occasion to celebrate the young participants' growth, creativity, and achievements. It will not only be a proud moment for the students but also an opportunity for the community to come together and witness the positive impact of the project. The recognition and encouragement received during the showcase will motivate the students to continue their personal and creative development beyond the 12-week project, inspiring them to embrace their talents and pursue further opportunities in the future.

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